

Approved List of Food Items for School Year 2022-2023

****This list is meant to be used for items intended to be SHARED such as for celebrations/special events****

Fresh Fruits and Vegetables are ok

No soy beans, edamame, peas or lentils

No hummus

No pineapple, strawberries, coconut

Chips/Pretzels/Popcorn

Wise Kettle chips (certain flavors – read label)

Wise Popcorn – butter and white cheddar variety (white cheddar contains milk product)

Frito Lays Chips & Frito Lays Simply products (certain flavors – read label)

Skinny Pop

Pirates Booty

Rold Gold pretzels

Goldfish pretzels

Utz chips – (certain flavors - read label)

Annie's Organic

Sensible Portions Veggie Straws (sea salt only)

Orville Redenbacher microwave popcorn (no cheese flavors)

Crackers

Goldfish

Annie's organic

Cheez – its

Ritz Crackers

Wheat Thins

Made Good

Honey Maid honey graham crackers

Cookies

Oreos – original and original double stuff (blue packaging)

Teddy Grahams

Nilla Wafers

Lofthouse

School Safe (additional items include cupcakes)

Annie's Organic

Barnum Animal crackers

Zee Zees (**no sunflower seeds/ no coconut products**)

Rice Krispie Treats – prepackaged; not homemade

Made Good

Enjoy Life (various types) gingerbread

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Candy/Treats

- Dum Dums
- Charms
- Smarties
- Tootsie Rolls/Tootsie Pops
- Campfire Marshmallows
- Welch's Fruit Snacks
- Yum Earth gummies and candies
- Free2b
- Enjoy Life chocolates
- York Peppermint Patties
- Life Savers
- Haribo Gummy Bears
- Spangler Candy Canes

Frozen Treats (NO PINEAPPLE/COCONUT/STRAWBERRY or DAIRY)

- Popsicle Brand Ices
- Luigi's
- Philly Swirl
- Outshine
- DeeBee's Organics

Pizza – (NO PESTO – NO DESSERTS) cheese or cheese and pepperoni; original crust

- Papa John's
- Dominos
- Endzone (local in Forest Lakes Shopping Center)

May need to consider gluten and cheese free options dependent on class

Drinks - reminder to avoid certain fruit flavors

- Juicy juice
- Apple and Eve (no fruit punch/strawberry)
- Honest Kids - berry lemonade flavor
- Swiss Miss hot chocolate (no marshmallows and there is a dairy free option as well)

Brands - Multiple Products

- ENjoy Life
- Made Good
- Vermont Nut Free
- Yum Earth
- Free2b